# PUBLIC HEALTH MEDICINE



# WHAT IS PUBLIC HEALTH MEDICINE?

Public health is the science and art of protecting and improving the health of communities through education, promotion of healthy lifestyles, and research for disease and injury prevention.



Public health works to prevent health problems before they occur

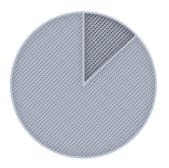
## NEW ZEALAND COLLEGE OF PUBLIC HEALTH MEDICINE



The College was established in 2008



NZ doctors with specific expertise and interest in the practice of PHM



Membership includes around 200 specialists and 30 registrars



# Our vision... Health and Equity for all

We strive to achieve this through our CORE FUNCTIONS which are...

- Advancing public health medicine through education and member services
- · Improving health and health equity in Aotearoa New Zealand



#### CORE BUSINESS INCLUDES

- Public health advocacy and policy development
- Setting standards for training PHMS in NZ
- Design and deliver the NZ training programme for public health medicine
- Administer a recertification programme for Public Health in NZ



# A PRESCRIPTION FOR HEALTH AND EQUITY FOR ALL

#### NZCPHM's eight identified priorities for the health sector are:

- 1. Improve Māori health
- 2. Achieve health equity
- 3. Reduce child poverty rates and improve child health
- 4. Mitigate climate change
- 5. Improve the quality and quantity of New Zealand's housing stock
- 6. Support New Zealand to be smoke-free by 2025
- 7. Address childhood obesity
- 8. Reduce harm from alcohol consumption



## NZCPHM POLICIES

- Alcohol
- Antimicrobial Resistance
- Childhood Obesity
- Climate Change
- Choosing Wisely
- First 1000 Days of Life
- Health Equity
- Housing
- Immunisation
- Māori Health
- Pacific Peoples' Health

- Nuclear Disarmament
- Physical Activity and Health
- Rheumatic Fever
- Screening
- Sustainability
- Tobacco Control
- Trans Pacific Partnership
- Transport
- Water Fluoridation



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#### **COMMON ROLES IN NEW ZEALAND**

- Medical Officer of Health: Works alongside other public health
  professionals to protect and promote the health of the community. This role
  includes regulatory function and is based within a Public Health Unit within
  a DHB.
- **Advisors:** On a variety of regulatory and health matters includes service development and planning of programmes
- Leadership and management: Focus on population health based services,
   e.g. DHB CEO, Clinical Director
- Funding and planning: Based within DHBs and focussed on the needs assessment, plans and processes, prioritisation and allocative decision making
- Research and teaching: Roles requiring a high level of academic expertise



#### NZCPHM TRAINING PROGRAM

The training programme is designed, delivered and administered by the NZCPHM and funded by Health Workforce New Zealand

- Basic Training (16 months)
   Completion of Master in Public Health(as prescribed by the College)
- Advanced training (29 months)
   Undertaken vocationally at three or more work sites to develop a defined set of Core Skills and Competencies



#### **Dr Mariam Pawaiz**

- Recent graduate
- Chair of the Registrar Committee

#### Why did Mariam choose public health?

"I'm passionate about health equity, global health, health systems and noncommunicable diseases."

## PROMINENT NZCPHM FELLOWS



Prof Papaarangi Reid Tumuaki, Deputy Dean Māori & Head of Dept, Te Kupenga Hauora Māori



Dr Colin Tukuitonga Pacific Community Director-General



Dr Julia Peters
Clinical Director, Auckland Regional
Public Health Service



Dr Ashley Bloomfield
Director-General of Health, MoH



Dr Ramon Pink
Clinical Director, Community
and Public Health. Medical
Officer of Health, Canterbury



Dr Dale Bramley Chief Executive Officer, Waitemata DHB



Dr William Rainger Independent Consultant



Dr Caroline McElnay
Director of Public Health, MoH



Dr Scott Metcalfe Chief Advisor Population Medicine, Deputy Medical Director, PHARMAC



#### **GOVERNANCE**

#### NZCPHM President: Felicity Dumble

Medical Officer of Health/Director of Public Health for Waikato DHB, Hamilton and Chair of Child and Youth Mortality Review Committee

President
Elect
Jim Miller



Medical Officer of Health / Health Protection Manager at Toi Te Ora Public Health

Finance &
Risk
Committee
Chair
Phil Shoemack



Medical Officer of Health, Toi Te Ora Public Health

Policy
Committee
Chair
Scott Metcalfe



Chief Advisor
Population Medicine
/ Deputy Medical
Director at
PHARMAC

Education & Training Committee Chair Rob Weir



Medical Officer of Health and Clinical Director at MidCentral DHB

Fellow less than 4 years Maria Poynter



Public Health Medicine Specialist for the HQSC in Wellington

Registrar Committee Chair Mariam Parwaiz



Public Health Medicine Registrar at Auckland Regional Public Health Service



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